

PRESIDENT OF INDIA INAUGURATES FOUNDATION WEEK OF IIM BANGALORE AS PART OF ITS GOLDEN JUBILEE CELEBRATIONS IIM BANGALORE IS A PLACE WHERE TALENT MEETS ASPIRATIONS AND GOOD INTENTIONS: PRESIDENT MURMU

New Delhi, (KCN): The President of India, Smt Droupadi Murmu inaugurated the Foundation Week of Indian Institute of Management Bangalore as part of its golden jubilee celebrations at Bengaluru, Karnataka today (October 26, 2023).

Speaking on the occasion, the President said that IIM Bangalore has been nurturing and promoting management talent and resources. In the last 50 years, it has not only produced managers but also leaders, innovators, entrepreneurs and change-makers. Education at this institution prepares the best of minds to deal with problems, challenges and issues not only in the boardrooms, workplace



and the marketplace, but also in every imaginable and perceivable walk of life.

The President said that since its inception, professionalism, efficiency and competency have been the defining features on which IIM Bangalore has stood tall and proved its mettle. She added that it has pioneered innovation and capacity

building and has left a lasting impact on education and research. She said that we are living in exciting times and this is the age of the fourth Industrial Revolution. The work being done by the IIM Bangalore's Data Centre and Analytical Lab in the areas of artificial intelligence, big data, and machine learning will have a profound impact on the future of business and economy. The President said that IIM Bangalore, known for its excellence and calibre, has been declared an Institute of National Importance. She added that a trust has been reposed in this institution which is seen with a lot of hope and optimism. She further said that this institute is a place where talent

meets aspirations and good intentions.

The President advised the future wealth creators to imbibe Mahatma Gandhi's lessons of life which are not inconsistent with the ethics of business. She highlighted that without ethics, success was sinful for Gandhiji. She advised students to aim for excellence in professional and personal lives, and live up to the great legacy which comes along with their association with IIM Bangalore. She said that they should not complain about the world they inherited but should leave behind a world where future generations have nothing to complain about and where they can live with harmony, optimism, prosperity and equality.

No Bus Strike In Odisha For Time Being: Minister Tukuni Sahu



scheme at places where there are private buses already plying. They have some other demands as well. We will try to fulfill those demands in due course of time through dialogue," the minister said.

"We have introduced LAccMI service in interior areas where there is no bus service at all. The bus owners welcomed the decision. The bus owners did not oppose the scheme as a whole. They just wanted us to not introduce this

been postponed till October 31. It has not been called off. The general body of the association will take decision on further course of action in a meeting to be held on October 30," he said. "We have submitted a bus route chart to the government. We are waiting for the resolution of the government," he added.

Newly-appointed Odisha Governor Raghubar Das likely to take oath on October 31

Bhubaneswar, (KCN): While Odisha's incumbent Governor Prof Ganeshi Lal is all set to leave his office tomorrow, the state's newly-appointed Governor Raghubar Das is likely to take the oath of office on October 31. Chief Minister Naveen Patnaik on Thursday paid a courtesy visit to Prof Ganeshi Lal. The two leaders met in the Raj Bhawan.

On the other hand, the newly-appointed Governor, while



speaking to journalists yesterday, said the constitutional responsibility given to him is a huge one, and he would discharge it with sincerity. A day

Khurda and Jagatsinghpur Districts Comes Under "Ama Odisha Nabin Odisha" Today



Bhubaneswar, (KCN): Khurda and Jagatsinghpur districts will be included in Ama Odisha Nabin Odisha on Thursday. Various developmental projects will be inaugurated in these two districts. Chief Minister Naveen Patnaik will inaugurate 2 thousand 763 projects at a cost of 95 crore rupees in Khordha district and 2 thousand 922 development projects at a cost of 99 crore rupees in Jagatsinghpur.

It is worth noting that the state government's ambitious scheme 'Aam Odisha, Nabin

Odisha' has been launched on the 10th of this month. The focus of this program is to develop the panchayat and villages. The scheme was first launched in Keonjhar and Bhadrak districts.

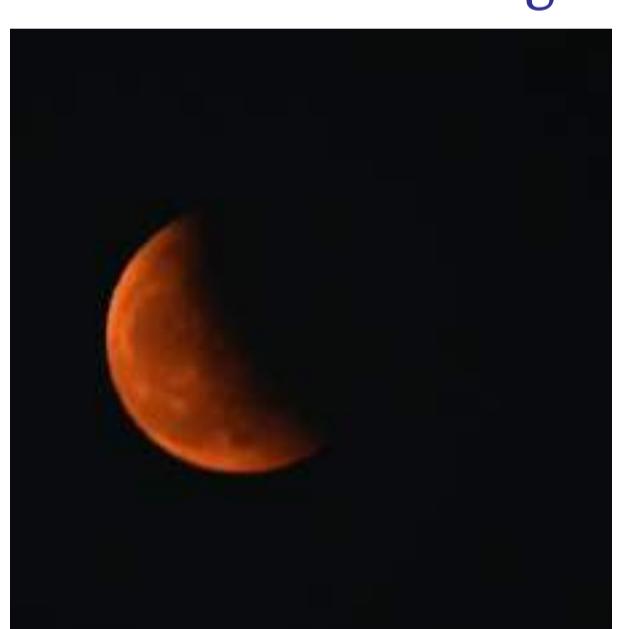
Later this scheme was started in Puri, Nayagarh, Mayurbhanj, Bargarh, Deogarh, Cuttack and Kendrapada districts. 3 thousand 397 crore rupees will be spent for our Odisha Naveen

Odisha program across the state. This scheme will involve 6 thousand 794 panchayats of the state. A total of 90 thousand 723 projects will be implemented. In this scheme, each

panchayat will get almost Rs 50 lakh. Digital infrastructure will be developed in every village along with improving the cultural base of Odisha.

Under the Ama Odisha Nabin Odisha programme, the Jagannath culture will be preserved in villages. All temples and religious places will be developed. Efforts are being made to improve digital infrastructure in each village which will lead to setting up of a science park, work hub and banking facilities. Primary schools will also be included in this programme.

Partial Lunar Eclipse To Be Visible In Odisha On October 28 Midnight



Bhubaneswar, (KCN): The upcoming eclipse in the Universe is Chandra Grahan 2023 or Lunar Eclipse 2023 which will be visible from the Moon rise of 28th October 2023 and Moon Set of 29th October 2023.

Besides, the Partial lunar

eclipse to be visible in

Odisha on October 28

midnight from 1:05AM till 2:24 AM, informed the IMD.

This occurrence, considered inauspicious, is a Partial Lunar Eclipse falling on the auspicious day of Sharad Purnima in the month of Ashwina under the Aries zodiac. This Lunar Eclipse will commence at 01:05 AM on October 29, 2023, and conclude at 02:24 AM. The Sutak period, a time of spiritual significance, will be observed from 02:50 PM on October 28, 2023, to 02:24 AM.

The upcoming Lunar Eclipse, slated for October 28, 2023, holds

significance due to its occurrence in the Ashwina month, under the Ashwina Nakshatra, falling on a Saturday. The combination of Saturn and Moon during this time is traditionally considered unfavorable. Hence, it is advisable for people to exercise care and vigilance during this period. Apart from India, this Lunar Eclipse will be

observable in various countries including Nepal, Sri Lanka, Bangladesh, Bhutan, Mongolia, Afghanistan, China, Iran, Turkey, Algeria, Germany, Poland, Nigeria, Britain, Spain, Sweden, Malaysia, Philippines, Thailand, Australia, Japan, Indonesia, Korea, and the eastern parts of Brazil.

IM Sambalpur Hosts 'Tana-Bana District Handloom Expo' To Empower Weavers



Sambalpur, (KCN): IIM Sambalpur, one of India's premier management institutions, hosted the 5-day 'Tana-Bana District Handloom Expo-2023' at their campus. The Expo is being organized in collaboration with the Ministry of Textiles, Government of India, and the Weavers' Service Centre, Bhubaneswar.

Prof. Mahadeo Jaiswal, Director of IIM Sambalpur, graced the event as the Chief Guest and said, "The primary objective of the 'Tana-Bana District Handloom Expo-2023' is to promote handlooms and khadi products, furthering the 'Vocal for Local' concept. IIM

Sambalpur will continue to support and empower the weavers and indigenous handicrafts of the region by promoting their products through digital media nationwide and developing national-level markets for weavers.

On this occasion, Mr. Vikash Kumar, Deputy Director, Ministry of Textile (Govt. of India), Odisha expressed, "Weavers will reap the benefits of various handloom schemes during this event. The collaborative efforts of the Department and IIM

Sambalpur will significantly contribute to the promotion and growth of the handloom sector." The event featured over 25 stalls showcasing a diverse range of handloom products. This included exquisite sarees, bedsheets, dress

materials, table runners, umbrellas, and various other fabric-based products crafted using the traditional handloom techniques of Odisha.

IIM Sambalpur as per MoU with Flipkart and SIDBI is also promoting products of the weavers on digital market platforms. It is to be noted that IIM Sambalpur will organize the prestigious 'PAN IIM World Management Conference 2023' from 21 December to 23 December 2023. The conference 2023 will focus on the theme of "Entrepreneurial Innovation and Digital Governance for Inclusive and Sustainable Growth." The conference aims to harness the potential for innovative and imaginative endeavours.

THE STATE-LEVEL MAHISAMARDINI SARASWAT CEREMONY IS CELEBRATED

Bhubaneswar(KCN): The state-level Mahisamardini Saraswat ceremony has been celebrated in great way at the Buddha Temple Assembly Hall on behalf of the Keivalya Sahitya Sansad. Poets and Literati from different districts of the state recite poems on Jagatjanani Maa. In the opening poems meet, a devotional offering was offered "Jaya Maa Singha Bhahini" by Bijaya Paital. The program was organized in two sessions. On the said occasion, Prof. Dr. Kumarabar Das, Ex Vice-Chancellor

participated as the inaugural speaker and beautifully explained the significance of motherhood worship in Odia culture. As the chief guest, Dr. Alekh Chandra Parhiari, former administrative secretary, joined and gave information about how Daushara Puja has kept the social values intact. The chief speaker, Dr. Pratibha Maharathi, Ex sahitya akademi member gave a beautiful presentation about the importance of Shakti Puja from mythology times. Dr. Harihar Kanungo, Former director of Odia Language and culture



presided over. As the guest of honour, Dr. Dillip Senapati,

Principal Prachi Mahavidyalaya, Poet Bideshi

(Kandhamal), Godabarish Das, Dr. Lalitendu Palauri senior columnist, Dr. Surendra Nath Tripathi, Aparna

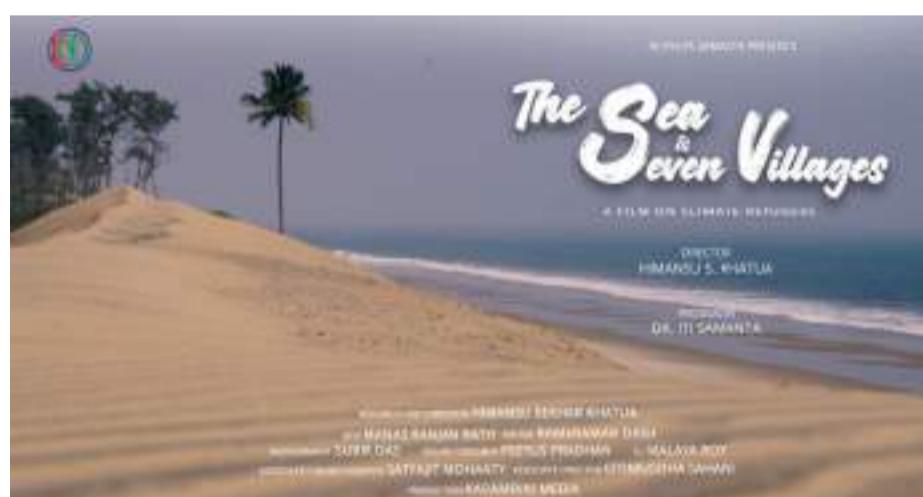
Mishra, Naba Kishore Samantaray, Poet Snehashri Swain joined and explained the victory of truth over falsehood.

Odissi Dancer Poonam Sahu, Dancer Adyasha Parida and Dancer Adyasha Anandita performed "Durga Tandab". special features of "Kaivalya" were unveiled. Founder and Editor Dr. Sangram Keshori Samantaray read the editorial notes and explained importance of Dussehera and provided guidance to writers. Presenter Jayashree Patnaik, Sri Subhabrat Mohapatra delivered vote of thanks.

Odia documentary 'The Sea & Seven Villages' Selected for Screening at IFFI 2023

Bhubaneswar, (KCN): Eminent film director Himansu Khatua's Odia documentary 'The Sea & Seven Villages', produced by Dr. Iti Samanta and presented by Dr. Achyuta Samanta under the banner of Kadambini Media has been selected for screening at the prestigious 54th International Film Festival of India (IFFI) 2023 in Goa, being held from November 20 to 28. The documentary has been selected in the Indian Panorama under the category of 'Non-Feature Films' along with 20 other films.

The selection of the documentary was announced by the Ministry of Information and Broadcasting, the organiser of the IFFI, through a government release. In all, 25 feature



films have been selected for screening at the festival. 'The Sea & Seven Villages' is based on exhaustive research by Khatua about Satabhaya, a region in the Kendrapada district of Odisha. Once a thriving place, the documentary talks about an area comprising a cluster of seven villages that fell hostage to

climate change because of rising sea levels and erosion. It talks about five villages that have taken watery graves with time. The documentary also gives a real picture of the life and struggle of the people of Satabhaya, known for their daredevilry attitude in facing the onslaught of the sea.

The documentary has

won numerous accolades and has been screened at the Lane Doc Fest in the United States, the 15th International Documentary and Short Film Festival of Kerala, Jagran Film Festival, Madurai International Documentary Short Film Festival, the 10th Siliguri Short and Documentary Film Festival, besides other festivals.

World Odisha Society Secretary General's Mother Expires

Bhubaneswar/New Delhi, (KC): World Odisha Society's Secretary General Manchester based young entrepreneur Siba Ranjan Biswal's mother Basanti Biswal expired on Sunday at the age of 66 at Berhampur in Odisha. She was a Religious, Generous, Gentle,



Simple, Affectionate And Amiable human

being. She has left her husband former General Manager of OSRTC Engineer Meenaketan Biswal, two sons Siba Ranjan and Siba Kumar, two daughters-in-law Puja Khandan and Arati Biswal, daughter Smita Behera and son-in-law Saroj Behera. Her last rites were performed by

family members at Swarga Dwara in Puri. Chairman Of World Odisha Society, Kishore Dwibedi expressed deep shock and sorrow over her death. In a condolence message Shri Dwibedi prayed Lord Jagannath to rest her immortal soul in permanent peace.

Snake Rescuer Critical After Being Bitten By Cobra In Odisha's Balasore

Bhubaneswar(KCN): A snake rescuer has been hospitalised in a critical condition after he was bitten by a cobra in Balasore district of Odisha today. Bikram Jena, an official of Jaleswar block in Balasore, spotted an Indian Cobra in his quarters in the morning. On being informed, snake rescuer Shankar Chand rushed to the spot and tried to rescue the cobra.

The poisonous snake reportedly bit Chand while he was trying to put it into a bag, sources said. Chand was immediately



rushed to a private hospital in the locality in a critical condition.

Later, he was shifted to Balasore District Headquarters Hospital (DHH) after his condition deteriorated, sources added.

Appeal to join hands for a great cause

Bokaro (KCN): Afzal Khan, the youth organizer of Bokaro appeals people to join @Teamhelpingcorp and raise their voice strongly.

He further insisted to Give a new dimension to the organization so that lot of works can be done in the interest of the country for delivering justice to the poor, exploited and deprived



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Yami Gautam Reveals How 'URI: The Surgical Strike' Was A Life-Changing Film



In an actor's career, there are moments that happen that help them take a significant turn. For Yami Gautam, that transformative moment came with the release of Uri: The Surgical Strike. This powerful film not only showcased her exceptional talent but also marked a turning point in her career. Yami's performance was raw, authentic, and emotionally charged. She breathed life into the character, capturing the essence of it. Recently, the actress talked about the same in an interview, she said, "I think in 2019, it started with URI, when I read that script, I knew of course, you read the script, you understand that my role in it was

on the ground, I was not a part of the operation. So I had to do this film because this role was very good, it was in line with what I was looking for and I had to work with these

directors. And it was absolutely professional.

I have actually worked with 2 new directors all my life and I enjoy it a lot because there is a new energy, there is some

mystery and by talking for the first time, you usually find out what kind of director are you, with what intensity you are making a film and I was very sure that I have to be a part of

this script. Of the best scripts that I have read in my life the clarity of which is in Aditya about this film. This film will be made that way." Uri: The Surgical Strike was more than

Bigg Boss OTT 2, Day 38 Written Updates: Manisha Rani And Aashika Bhatia Get Nominated This Week



Day 38 at the Bigg Boss OTT 2 house begins with some Punjabi swag and moves. Abhishek complains about Aashika's snoring, actress regrets breaking up with her ex-boyfriend as he never complained about it. On the other hand, Pooja and Avinash discuss the housemates and their 'nature.'

Abhishek and Elvish fall asleep in the 'Too Yumm' area, Pooja schools both the guys and also, Aashika. PB takes a dig at Abhishek for his laziness, Aashika calls her 'biased.' Manisha Rani apologises to Bebika for her statements about her parents. On the other hand, Abhishek shows his disappointment with Jad Hadid. Aashika calls Jad Hadid 'crazy' for his cribbing habit, takes curd without asking. Elvish and Abhishek call Aashika the 'negative person' of their group. A cold war begins between Jad and

Aashika about his workout timing and her addiction to cigarettes. Abhishek, Elvish, and Manisha discuss the issue and this upsets Aashika. PB comforts Aashika as she cries over Abhishek's disagreement with her. The nomination task begins and Pooja gets a serious immunity in the task. Pooja saves Abhishek by giving him the green apple, he cannot be nominated by anyone this week. Only Manisha and Aashika get nominated this week.

Elvish and Bebika get into a serious discussion post-nominations.

Abhishek and Jiya discuss the #AbhiYa, Jiya says it will be a long-distance relationship if anything ever happens. Manisha is upset with Jad and his reason for nominating her. Manisha discusses her statements about her parents. On the other hand, Abhishek shows his disappointment with Jad Hadid as he took a stand for Bebika and not her. Abhishek says Bebika influences her company, on the other hand, Bebika says that Jiya

sides with Abhishek over his followers. Abhishek and Bebika get into fun banter, as she hits him, PB scolds Bebika and she gets upset.

Aashika gives her farewell speech to Manisha, Abhishek, and Elvish. Manisha also gives her farewell speech and gets emotional bidding adieu to Abhishek. Manisha and Jad's daily dose of flirt adds a spark to the episode. Rani makes him say, 'hum tumpar marte hain.'

Rohit Shetty's Team Spills The Beans On 'Singham Again,'



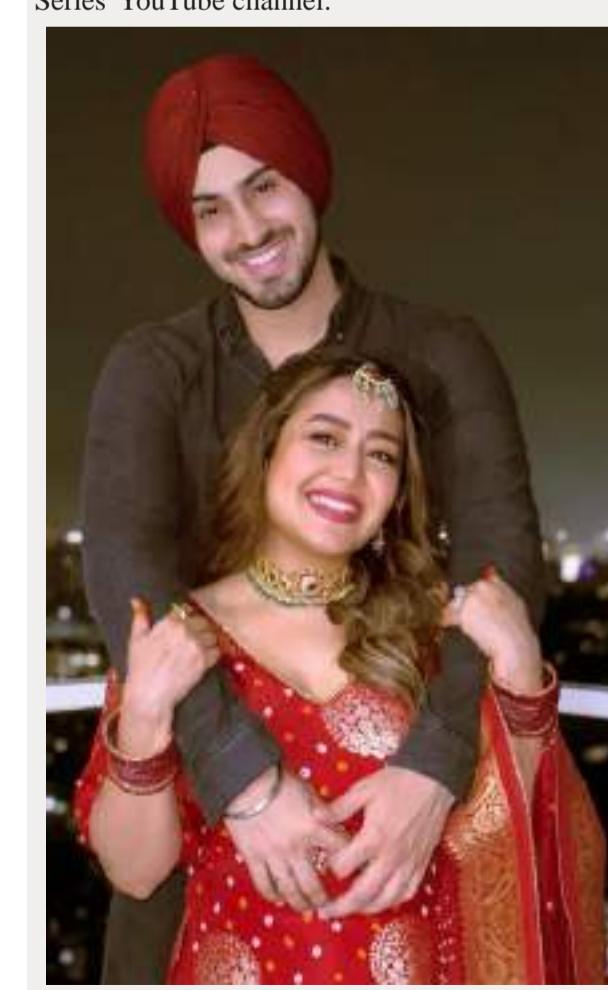
Makers of the upcoming action film 'Singham Again' on Tuesday, made a special announcement regarding the speculations of the starcast of the film.

Rohit Shetty Picturez shared a note which reads, "There have many speculations doing rounds about the star cast in Rohit Shetty's next directorial, Singham Again. The film is currently in pre-production. We kindly request the media to refrain from making any premature announcements at this stage. We will be making an official star cast announcement soon." The statement came at the time when several media reports suggested that actor Vicky Kaushal has

been roped in to portray the role of Ajay Devgn's younger brother in the film. However, the makers have never issued an official statement that Vicky is a part of 'Singham Again'. Helmed by Rohit Shetty 'Singham Again' will also star actor Deepika Padukone in a cop avatar. The film is set to hit the theatres on Diwali 2024. 'Singham Again' will face a big Bollywood clash

with Kartik Aaryan's horror comedy film 'Bhool Bhulaiyaa 3' and Akshay Kumar's comedy film 'Housefull 5'.

'Singham' was released in the year 2011, and starred Kajal Aggarwal and Prakash Raj in the lead roles, followed by 'Singham Returns' in 2014, and both projects were declared box office hits. The film marks first on-screen collaboration of Deepika and Ajay.



just another movie for Yami Gautam; it was a game-changer. The film's immense success not only garnered critical acclaim but also resonated with audiences across the nation. Yami's dedication and skill were evident in her portrayal, and this extraordinary performance set her apart from her contemporaries.

After Uri, the world witnessed a different Yami Gautam. She has proven her mettle in a pivotal role, and we have seen her ace her acting game in films like 'A Thursday', 'Lost', 'Chor Nikal Ke Bhaaga', 'Dasvi', and her recently released, 'OMG 2' among her many other admired films!

Neha Kakkar, Husband Rohanpreet Singh Bring Heartbreak Song Dil Bechara

Neha Kakkar and Rohanpreet Singh are all set to melt the heart of fans with the release of their latest song 'Dil Bechara,' produced by Bhushan Kumar. This soulful love song is a mesmerizing depiction of the emotions and yearning shared by lovers, taking audiences on an emotional rollercoaster. Neha took to Instagram to share the release of her song. She captioned it, "#DilBechara is now all yours! Feel every bit of it while you are thinking about them. Song out now, tune in."

The music video for "Dil Bechara," which was directed by Crevixa, expertly depicts the couple's passionate chemistry, which translates to the screen with ease as they bring out the best in one another as performers, making the song an unforgettable visual and audio experience.

Speaking about her experience, Neha said, "Dil Bechara" is very close to my heart, as it gave me the opportunity to explore a new side to me as an artist. I'm thrilled to share this emotional journey of love with our listeners and I'm sure everyone is going to love it."

Rohanpreet Singh shared, "Dil Bechara" is not just a song; it's an expression of love, longing, and everything that makes a relationship special. Composing this beautiful song with Neha has been an incredible experience, and I hope our listeners feel the same love and emotions that we poured into it."

Director Crevixa said, "Neha and Rohanpreet's chemistry and magical, and it brought a natural charm to the screen. They really brought raw and authentic portrayals to their characters which has made the music video look incredible."

Neha and Rohanpreet penned, recorded, and sang the song 'Dil Bechara' for T-Series. The Crevixa-directed music video is currently available on T-Series' YouTube channel.

Why our mental health issues need deep introspection for our long term well being?



Inability to focus on work or an important projects adds to serious mental stress and anxiety. We have often faced this in our lives in whatsoever profession we may be engaged. Academics, researchers, professors and teachers, artists, sculptors, dramatists, painters, writers, poets, lyricists, playwright writers, doctors, engineers, lawyers, journalists, educators, administrators, politicians, sports and film personnel, celebrities, homemakers everyone has faced blockades in their creative and regular life at some point in their life. We mostly are able to over such psychological and emotional blockages abs blank pages of life after a short or long struggle and continue with our life, moving forward. But for some, the ability to get back to this regular life style once you have got a psychological blockage in your mind is monumental. It is an unimaginably difficult and humongous challenge for some to get back to their daily routine. As a consequence, they suffer from acute depression, anxiety, frustration, despair, anger and occasional helplessness unable to make any positive changes to their life in spite of the fact they are aware of this problem. But still, they

are unable to get out of it; and therefore suffer both physically and emotionally for a considerable long period of their life. They later regret this obsession; but, presently they repeatedly fail to take any assertive action in spite of being aware of the consequences of their failures.

I have gone through similar psychological barriers in my young days too that made my each passing day agonizing and extremely painful. I was occasionally unable to focus on my studies during my undergraduate and graduate degree programs as far as I can recall now. I had no intention to cheat or waste my crucial study hours before the major exams; but, simply could not concentrate on the books and notes. Everyday, I had a plan of accomplishing some of my study goals and since I could not focus, I failed miserably in securing those goals. Each adding day turned into an antagonizing experience for me. The harder I tried; most devastatingly I failed caught in a vicious cycle.

I knowingly wasted my crucial study time in doing unnecessary chitchats with my friends over phone or in person, ate a lot of junk foods and drank soft drinks that added to my unwanted weight gains and poor health, watched countless movies and useless TV serials, continuously read newspapers, magazines and storybooks; but, failed make an inch of progress with my pending assignments that

started collecting dust on my study table. The more I failed I started getting isolated from my friends and family members including my parents. I wanted to hide my face in shame as they provided me the best they could for facilitating my education; and yet a 'shameless me' wasted their sincerity and efforts in helping me to build a good career for myself. I used to constantly suffer from a deep mental agony both consciously and unconsciously for not being able to achieve my study goals. I do remember that with every passing day, my exam preparation time slowly vanished into oblivion and myself being held captive by 'myself' in a never ending vicious cycle of non-achievement of even minor study goals. These repeated failures pushed me into long periods of sleeplessness with deep internal feelings of acute frustrations, depression and anguish that I could not share with anyone around me. This persistent mental agony I felt facilitated my slide down the 'ladder of life', that I was supposed to climb in my professional life. Failure-guilt-agony and failure again turned into a regular cycle of my life which was otherwise so normal and regular in front of others. I was surrounded by an ocean of people around me; but, yet I felt lonely, isolated, scared and cornered all the time. Slowly I started loosing my self-confidence, spent long hours in washroom crying or hiding from everyone; and worse even that I

realize that I have started to ran away from myself....making my life even more miserable. With every passing day failing to achieve even a single goal further demotivated me to continue with my studies andslowly I started branding myself as a a 'looser', 'failure', 'retard' and even a 'useless' member of the society who can contribute nothing positive or substantial to life at any point of time and is actually a 'burden' for my closed family members, friends and even the society at large. I will not hide that even negative suicidal thoughts crossed my minds in those dark hours; and I slumped deeper and deeper into unspeakable pain, agony, and depressive feelings; as well suffering from the continuous guilt admission within myself as I am not being unable to overcome this challenge or obstacle in my life during that period to focus on my studies. Even though based on my past performances, my teachers, professors and friends used to brand me as the brightest student in the batch, I had very little self-respect for myself. I stated running away from my friends and family; and found myself emotionally trapped inside a bubble, separating me from all and pushing me into a dark fearful corner with no hope or aspiration in life. Everyday, I felt that I am moving into a path of no return and deep melancholy with nothing to look forward in life. Later I noticed that these periods of mental agony happened during the long

study leaves that ran for a month and when we didn't need to attend the college or classes. I used to be an entirely different personality when classes used to run regularly and had no negative thoughts or fear jeopardizing me. These impacted my success in my academic career and I found myself slowly transforming into a scared back bencher who wants to possibly ran away from everyone including my self. Later someone exposed me to the life and daily life practices of Noble laureate and world poet Rabindranath Tagore. I was greatly inspired to note that how hardworking and sincere he was with his work; and how he divided his time meticulously to cater to both his personal and professional life successfully. He worked long hours of his creative writings, paintings and song compositions; yet he studied regularly, responded to numerous mails, supervised and directed regular activities of the Bishwabharati University during its teething period, prepared his erudite lectures, cared for ashramites and his family members and every other activity with a sense of deep sincerity and love.

I failed to understand how could an individual be so creative and productive; but, yet excelled in successfully catering to his social and professional responsibilities. But as I dug deeper into his inspirational life, I learnt that he was a strict disciplinarian. He would go to bed post midnight and get up early and

spent time on his daily meditation. Following this he will get into his daily cycle of writing, resting, studying, supervising and managing his responsibilities. He forced and trained his mind into this regular discipline; and that helped him to slowly become an outstanding poet, lyricist, composer, writer, artist, playwright, novelist, storyteller, academic, educationist, reformer, visionary and above all the greatest humanist of our time. This glimpse of the monumental life of this polymath genius inspired and helped me to get out of my dark past.

Rather than trying to meet big and unachievable philosophical objectives; I started to focus on achieving small daily goals in my own life. Starting from morning to evening, I prepared a routine and tried to follow that diligently. I failed many times; but slowly over 2-3 weeks time I had a grip on myself. I stopped over reacting, over eating and drinking; as well stopped in participating in useless chitchats and was amazed to note how much additional time I could save per day. During this time too, I came across a teaching by Gautam Buddha where he preached an individual to look and improve upon his or her own life; rather than trying to impact the life of others.

Focusing on oneself is not at all selfishness; but an ability to explore our internal strengths and weaknesses I realized. If I do not learn to take care

of myself, I realized I would never be able to take care of others. I tried to remove myself from interfering with others lives and focus on my own. This changed my life and views and felt inner peace as well as in achieving small goals of my life. I learnt that I am my own teacher and my best friend; and that no one knows me better than myself. Every small step I took in life and every small achievements made my life productive, happier and peaceful. I started moving out of my dark period and felt blessed and enlightened. My self realization has been that self control on our emotions, behaviours, greeds, fears, attitudes and activities determine who we are today, and we are going to transform into tomorrow. Self development and self improvement as preached by Swami Vivekananda are the two cornerstones of our life that we need to understand. An individual who could not take care of himself or herself could never achieve anything great good for the society and this planet, I have realized in my life.

Procrastination is an evil sin that destroys our life. Our inability to take decisions, make choices and not knowing our 'real' strengths and limitations are the factors impacting our lives and actions. Sometimes we have to leave the struggle of our daily life, sit back and reflect on our memories, experiences, actions and inactions to regain our mental strength, work diligently without expectations and

rediscover the path we need to follow in our journey called life. We always blame others including God for all our problems, failures and hopelessness. But we need to take responsibility for our own inactions, indecisions, uncontrolled emotional outbursts, greed, jealousy as well as unjustified hatred for others. Only then could we realize that our life is much better than we perceive it to be. The more we blame others for our problems; the further we get swamped away in the doldrums. We need to learn to be responsible for our actions and inactions, adding the buck to others only increase our internal pain and agony. Don't think that you are so important in life, no matter how powerful you are ! Because life can change in the fraction of a second. Always carry the 'true' empathy in your heart for those on the other side of the boundary; and thank yourself to see another beautiful day in your life. In the long journey we call 'life', I learnt that our life can only run in balance when we can control our inner self expressions; and sincerely introspect our weaknesses and strengths with true objectivity and unbiased reasoning.

Apt 6-409
43 Street South,
Lethbridge, Alberta,
Canada, T1J 4B3
Email:
saikatbasu@alumni leth.ca
The Author is a
Canada based Indian
Agro Scientists

Saikat Kumar Basu

GARLIC BENEFITS FOR YOUR SKIN, HAIR, AND HEALTH



powerful health benefits.

Garlic not only provides remedies for ailments but can give you external beauty benefits

like acne-free skin and healthy lustrous hair. Garlic is yet another common kitchen ingredient that actually has healing properties. Garlic is rich in nutrients such as vitamins B-6 and C, manganese, and selenium which help stimulate hair growth. In fact, it is said to be beneficial for the hair and can actually control hair loss and help to promote hair growth. Studies have shown that garlic has properties that help the hair. It has been seen that applications containing garlic have helped to promote hair growth on areas showing hair loss or thinning hair.

Garlic with a pungent smell has antibacterial, anti-aging, and skin-smoothing properties that can keep your complexion clear and flawless.

This small humble ingredient is recommended by experts in your daily diet because it is full of goodness for your hair besides many

Garlic Juice has selenium content which boosts blood circulation & thus stimulates hair growth. Selenium actually boosts

SHAHNAZ HUSAIN

of the hair. Garlic has anti-microbial properties and fights bacterial and fungus infections of the

Take around 10 garlic cloves and mix it with 2 tablespoons of honey to prepare a mask. Apply it

Whereas garlic Vitamin E to the hair and prevents hair fall, hair breakage and promotes hair growth. Garlic should be mixed

for seven to ten days in a cool, dry place. This oil may be applied on the hair to derive the benefits of garlic. Or, you can mix chopped garlic with warmed coconut oil.

Massage the oil on the scalp half an hour before your shampoo. You can also mix garlic with aloe vera gel and apply the paste on the hair. Leave it on for 20 to 30 minutes and then wash the hair. Blend and strain 5 garlic cloves and 2 onions and extract the juice. Apply on hair and massage it into your scalp. Leave the mixture on your hair for 15 minutes and wash your hair with a mild shampoo as usual.

Another way of using garlic is to make a paste of garlic and fry it in oil.

Once it turns brownish, cool the oil and remove the garlic. The oil can be applied on the hair. Add a clove of garlic and some honey in your shampoo or conditioner and use it to remove harmful toxins from the scalp, enhance hair texture and also treat dandruff and itchy scalp.

Indeed, kitchen remedies are well within your easy reach for enhancing the beauty of your hair.



blood circulation. Actually, the hair is fed by the nutrients in the blood stream. Therefore, selenium boosts blood circulation, which helps to transport nutrients to the hair follicles. This nourishes the hair and helps hair growth. Garlic is rich in Vitamin C, which boosts the health

scalp. In fact, it helps to cleanse and unclog the pores of the scalp, thus helping to treat problems like hair loss and dandruff and also soothes the scalp. Here are simple and useful ways in which you can put garlic to use for long & luscious locks .

on your hair and let it dry in natural environment say approximately 30 minutes and wash it off with clean and fresh water . You can use it twice a week to get long shiny hair. Honey helps in retaining the moisture in your hair and conditions it well.

The author is an international fame beauty expert and is called the herbal queen of India



The Vice President, Shri Jagdeep Dhankhar and Dr. Sudesh Dhankhar being welcomed by the Governor of Uttarakhand, Lt. Gen. Gurmeet Singh, Member of Parliament, Dr. Ramesh Pokhriyal Nishank, Member of Parliament, Dr. Kalpana Saini and other dignitaries on their arrival in Dehradun, Uttarakhand

Congress Releases Third List Of 19 Candidates For Rajasthan Assembly Polls

New Delhi(KCN): The Congress on Thursday released its third list of 19 candidates for the November 25 Rajasthan assembly elections, taking to 95 the total number of nominees

declared by the party so far. The party has fielded Shoba Rani Kushwah from Dholpur, Rajendra Prateek from Sikar, Wajib Ali from Nagar, Harish Chandra Meena

from Deoli-Uniara, Heera Lal Darangi from Jhalod (ST) and Lakan Singh Meena from Karauli, among others, according to the third list declared by the party.

The Congress on Sunday had released its second list of 43 candidates for the November 25 Rajasthan assembly elections. The first list of 33 candidates was released

on Saturday. The Congress is seeking to retain power on the strength of its work over the past five years and the welfare schemes announced by the Ashok Gehlot government.

Government Says UDAN Generating Demand For New Aircraft

New Delhi: The government on Thursday said 499 routes have been operationalised so far under the regional air connectivity scheme UDAN, which was launched six years ago and has facilitated the travel of more than 1.3 crore people.

The scheme, also known as UDAN (Ude Desh Ka Aam Nagrik), is contributing to the growth of the civil aviation industry, as four new airlines have come up in the last six years and have generated demand for new aircraft, an official release said.

It is providing opportunities to small



regional airlines -- FlyBig, Star Air, and IndiaOne Air -- to scale up their businesses and is also creating an amiable ecosystem conducive to airline business, the release added. The first UDAN flight was on April 27, 2017,

connecting Shimla and Delhi. According to the release issued by the civil aviation ministry, 499 routes have been operationalised under UDAN, which has also facilitated the travel of more than 1.3 crore people.

Further, it said the scheme's incremental expansion has generated an escalating demand for new aircraft. "This augmentation encompasses a comprehensive range of aircraft and encompasses

helicopters, seaplanes, 3-seat propeller planes, and jet planes.

"Presently, a diversified fleet, including Airbus 320/321, Boeing 737, ATR 42 and 72, DHC Q400 and Twin Otter, Embraer 145 and 175, and Tecnam P2006T, is actively serving on the RCS routes," the release said.

Civil aviation minister Jyotiraditya Scindia said UDAN has unlocked the country's true potential by promoting tourism, boosting trade, and empowering local economies.

India is one of the fastest-growing civil aviation markets in the world.

Recovery Agents May Be Barred From Calling Borrowers Between 7 pm And 8 am

Mumbai: The Reserve Bank of India on Thursday proposed stricter norms for recovery of overdue loans under which financial institutions and their recovery agents cannot call borrowers before 8 in the morning and after 7 in the evening.

Regulated Entities (REs) like banks and NBFCs should not outsource core management functions, including policy formulation and decision-making functions like determining compliance with KYC norms and acceding sanction for loans, said the 'Draft Master Direction on Managing Risks and Code of Conduct in Outsourcing of Financial Services'.

"The underlying principle of the proposed directions is that the RE should ensure that outsourcing arrangements neither diminish its ability to fulfil its obligations to customers nor impede effective supervision by the supervisory authority," the Reserve Bank of India said.

The draft said REs should put in place a board-approved code of conduct for Direct Sales Agents (DSA)/ Direct Marketing Agents (DMA)/ Recovery Agents (applicable to commercial banks, cooperative banks and NBFCs).

The REs should ensure that the DSA/DMA/ Recovery Agents are

properly trained to handle their responsibilities with care and sensitivity, particularly aspects, such as soliciting customers, hours of calling, privacy of customer information and conveying the correct terms and conditions of the products on offer.

"The REs and their Recovery Agents shall not resort to intimidation or harassment of any kind, either verbal or physical, against any person in their debt collection efforts, including acts intended to humiliate publicly or intrude upon the privacy of the debtors'/their guarantors' family members..." the draft said.

They should not also send inappropriate



The Minister of State for Defence and Tourism, Shri Ajay Bhatt pays tribute to Indian Soldiers of Bangladesh Liberation War of 1971 at a ceremony organised by Bangladesh High Commission, in New Delhi

FIRST WOMAN OF SER TO RUN EMU LOCAL TRAIN

Kolkata(KCN): Smt Dipanwita Das made history as the first motor-woman of South Eastern Railway (SER) to run Electric Multiple Unit (EMU) train services on Wednesday (October 25, 2023). She added a new feather in the crown of SER's success stories. She is hence a live instance of empowering women workers in the country. It is the first time in SER that a woman driver drove a local train in this zone.

Smt Das took the charge of 38806 Midnapur-Howrah EMU Local at 06:20 am from Midnapore station and in the return direction the 38815 Howrah-Midnapore EMU Local at 10:30 am from Howrah Station as motor-woman.

entrusted to a female driver. After achieving successful running of more than 1 lakh 10 thousand kilometers of experience as a train driver during her 20

years of relentless and dedicated service, Smt Das now qualified herself as a local train driver. SER is always trying to empower women employees. The dedicated performance of Smt Das will indeed inspire girls in the society in the coming days.

On October 25, 2023 Smt Das took the charge of 38806 Midnapur-Howrah EMU Local at 06:20 am from Midnapore station and in the return direction the 38815 Howrah-Midnapore EMU Local at 10:30 am from Howrah Station as motor-woman.

Soumya Vishwanathan Murder Case: Hearing For Arguments On Sentencing On November 7

New Delhi(KCN): A Delhi court today deferred to November 7 the hearing on the quantum of sentence for the five men convicted for killing TV journalist Soumya Vishwanathan in 2008 on grounds that the pre-sentence report and other documents were yet to be filed.

"List the matter for consideration of the report of the probation officer, consideration on the affidavits of the convicts, affidavit on behalf of the state and report from Delhi State Legal Services Authority (DSL)... and for arguments on quantum of sentence on November 7 at 2 PM," ASJ Pandey said.

He said though the Delhi State Legal Services Authority (DSL) had filed the victim impact report, the convicts had not filed their affidavits. Counsels for the convicts jointly submitted that they were unable to prepare the affidavits as they did not have the details and necessary direction could be issued to the jail superintendent and legal aid counsel, available with prison authorities, to assist the convicts in preparation of the affidavits.

Taking note of the fact that certain documents, including the pre-sentence report of the probationary officer, had to be filed mandatorily if the maximum sentence in the case is death penalty, the court adjourned the hearing to November 7. Vishwanathan, who was working with an English news channel, was shot dead in the early hours of September 30, 2008, on south Delhi's Nelson Mandela Marg while she

was returning home from work. Police claimed the motive was robbery.

"Accordingly, the principal secretary, home department, Delhi government is hereby directed to assign to any probation officer the task of submitting the pre-sentencing report," the court said.

It said the report had to specifically include the twin aspects of whether the convicts could commit further crimes and thus remain a "continuing threat to society" and whether there was any probability of the convicts being reformed and rehabilitated.

While detailing the inquiry procedure to be followed by the probation officer, the court said in the light of the fundamental right against self-incrimination, the convicts must be informed of their rights to be silent and in no circumstance can any adverse inference be drawn if the convicts refuse to give an interview to the probation officer.

E-Auction For 12 Granite Blocks

Bhubaneswar: After transferring a minor mineral subject to its jurisdiction, Steel and Mines Department for the first time issued Notice Inviting Tenders for e-auction of 12 Granite Blocks in the district of Gajapati. While Odisha Granite is now appreciated for its quality and sheen, southern Investors are increasingly showing their likeness for this decorative stones. When the investors from Andhra Pradesh met Chief Minister Naveen Patnaik at Make In Odisha (MiO) 2022, they requested him to provide them quality granite, which is abundantly available in Odisha.

At that point of time

Chief Minister promised them to go for Granite exploration sooner and expedite the auction process.

Thanks to efforts of the Directorate of Mines headed by G Rajesh, now the State Government is going for auction of 12 Granite Blocks.

The Director of Mines and Geology has issued the NIT as per Section 15 of Mines and Mineral (Development & regulation) Act, 1957 and in accordance with the Odisha Minor Mineral Concession Rule, 2016 and Odisha Specified Minor Mineral Auction Rule, 2019.

The 12 Granite Blocks put for electronic



auction for the purpose of grant of mining lease are- Baha r a p a d a - Jamurhiha (East), Baha r a p a d a - Jamurhiha (West), Betarsing Block-A, Betarsing Block-B, Damba, Derab (East), Derab (West), Jhadapada, Lausahi, Nuagan (Nuagad), Nuagan (Tuburuba Mouza) and

Tentulikhunti. Excluding Tentulikhunti, all other stone blocks have some forest land. The Government has invited financial bids in digital format only while technical bids can be submitted both in digital and physical format from eligible bidders.

Eligibility condition, date and time for

Limited. Interested and eligible bidders can register themselves on the website of MSTC Limited. On successful registration, eligible bidders will obtain login ID and password necessary for participation in the e-auction process. Model tender documents and mineral block summary are available free of cost on the website of MSTC Limited.

participating in the electronic auction are provided in the Tender Document. Detailed Tender Document along with the timeline, notifications, updates and other details for the e-auction process for the mineral blocks are available in electronic form only and can be downloaded from the website of MSTC

last date for submission of the bid is July 07, 2023. The Directorate has set Rs 50,000 (excluding GST) price of tender document for each of the mineral blocks. The GST is payable under the reverse charge mechanism and the reserve price of all the 12 mineral blocks is 5 percent.

The State Government had transferred the administration of minor minerals from the Revenue and Disaster Management Department to Steel and Mines Department. To accommodate this transfer process and implementation few measures like e-auction, prevention of illegal mining and theft of minor minerals through i4MS, automation of transit pass issuance for transportation of minor minerals etc., Odisha Minor Minerals Concession Rules, 2016 (OMMC Rules, 2016) have been amended after approval by the Cabinet last month.

After the first phase of e-auction pertaining to Specified Minor Minerals, the State Government has amended Odisha Specified Minor Minerals Auction Rules, 2019 (OSMMA Rules, 2019) taking various issues and dynamics into consideration to bring more transparency in the auction process.

Unknown disease ruins paddy crop, dashes farmers' hope in Odisha



have collected samples. Large tracts of paddy cultivation have been affected by the disease, farmers said.

"While the officials have assessed the damage of crops on over 300-400 hectare land, in reality, around 2,000-3,000 hectare has been affected," Mahapatra further informed.

Chief district agriculture officer (CDAO), Bargarh, Ashok Kumar Amat said a team from Krishi Vigyan Kendra (KVK) will visit all blocks to further assess the situation. The region

witnessed inclement weather conditions for the last few months, said Amat, adding, the district witnessed sweltering heat and incessant rainfall in succession while some regions faced hailstorms. "While the crops developed Rice Blast and Bacterial Leaf Blight diseases, excessive application of urea on the affected plants further led to Neck Blast Disease," Amat stated. Official sources informed that while the farmers applied excess

urea to their crops, a decrease in the application of potash by 50 per cent has left the crops more susceptible to pest attack. Amat informed that the crops on which the disease is in its initial stage can be revived by the use of pesticides. "But those that have entirely been affected by the disease, are almost destroyed. The KVK scientists have recommended the application of necessary pesticides for them. We will carry out a loss assessment soon," he added.

Improve pension disbursement system: Naveen



and revenue departments during the meeting. Health, revenue, home, agriculture and other departments made presentations of their performance before the chief minister.

According to the chief minister's office (CMO), performance of health and family welfare department has been outstanding as 99 per cent of the feedback from people are satisfactory. While free medicines are issued in government

hospitals, immediate steps are being taken if there are problems in execution of Biju Swasthya Kalyan Yojana (BSKY) in private hospitals, he added.

Similarly, functioning of the revenue department has also improved as time taken to deliver different services to people has come down drastically. Previously, 100 to 150 days were taken to resolve mutation cases, but the time period has come down to less than 21 days in 2023-24. The chief minister was informed that 3.7 lakh land pattas were disbursed within a week. Besides, time taken to issue different

certificates including caste certificate has also come down. The CMO informed that basing on feedback from the people, six officers of the Odisha Administrative Service (OAS) have been given compulsory retirement and four have been dismissed. While 32 OAS and 14 Odisha Revenue Service (ORS) officers were suspended, gratuity and pension of 11 OAS officers have been stopped. The chief minister observed that there is also a need for improvement in the process adopted for promotion of employees.

Development Commissioner Anu Garg and ST secretary VK Pandian were also present.



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"OMM ignites Bhubaneswar with its exciting Millet event!!"

Bhubaneswar (KCN): The Odisha Millets Mission (OMM) visited Bhubaneswar, leaving a memorable impression on the residents. The "Know about Odisha's Millet" event was held at the Esplanade Mall in Bhubaneswar from October 21st to 22nd. The event was inaugurated by Mr. Sarat Kumar Parida, CDAO cum PD ATMA Khordha and with the primary aim of raising awareness

about millets among the community. Jesika Sahu, the district coordinator from OMM also graced the event with her presence. The event commenced with the hosts introducing the Odisha Millets Mission and explaining its purpose to the audience. Following a series of local performances that captivated the crowd, a humorous comedy skit shed light on the prevalence of unhealthy eating habits in a relatable



manner. Renowned TV and film comedians Sujit Kumar Jena and Chandini and Dolly brought laughter to

the venue, while renowned singer Kuldeep created an unforgettable evening of entertainment. With captivating Odia and Hindi melodies, the event generated a vibrant atmosphere that kept the audience entertained and dancing throughout. To maintain high levels of excitement, the Odisha Millets Mission planned various quirky and competitive games that kept participants on the edge of their seats. Winners of these thrilling contests had the chance to receive exciting surprises and gift hampers, enhancing the overall sense of anticipation and enjoyment. OMM, a flagship initiative of the Odisha state government, has been employing innovative and exciting approaches to promote the consumption of millets in the state. As part of these efforts, a

Mo School partners with British Council to skill children through sports

Bhubaneswar: The government of Odisha initiative Mo School Abhiyan and UK based international organisation for educational opportunities and cultural exchange British Council signed an agreement to work together on a pilot programme designed to promote sports in school education. The one-of-its-kind initiative will support primary school teachers and coaches to improve learning outcomes of students by inculcating physical and health education to further boost holistic development of children. The programme will be piloted in 30 selected government schools of Odisha which are covered under the Mo School initiative.

The Operational Alliance Agreement (OAA) has been signed

by Sri Anupam Saha, SPD-OSEPA & Member Secretary, Mo School and Rittika Chanda Parrukh, Director Education India, British Council in the presence of senior officials of Government of Odisha and British Council. The agreement will complement the existing overarching agreement between the Government of Odisha and British Council India to work together for strengthening school and mass education in Odisha.

Speaking on the new partnership, Smt. Susmita Bagchi, Chairperson, Mo School said, "We are looking forward to the collaboration with British Council as we want to equip our teachers and trainers with better tools for promoting sports activities right from the school. The collaboration will help our students to build their career in sports

and deliver quality education by giving additional focus on students' health and wellbeing. By skilling them through this programme we hope to afford them a chance to demonstrate improved skills and knowledge while also increasing awareness about how sports can be used as a tool to bring transformative change."

Alison Barrett MBE, Director India, British Council, said, "We are excited for delivering on the MoU we have with Odisha, and working again with Mo School Abhiyan for physical health and wellness of school going children. Prior to this partnership, we worked with Mo School for an English language development programme when Mo School was launched.

Stay in Charge – the OnePlus 10R 5G Launches in India

Bhubaneswar : Today, global technology brand OnePlus officially launched the OnePlus 10R in India. The OnePlus 10R is equipped with 150W SUPERVOOC Endurance Edition – the fastest wired charging ever in a OnePlus smartphone and one of the fastest wired charging standards in the industry. The device is powered by the customized and exclusive MediaTek Dimensity 8100-MAX chipset and has a 120 Hz Fluid AMOLED display, along with the largest and most advanced cooling system in any OnePlus device to date.

"The OnePlus R series exists to make the seamless integration of top-of-the-line hardware and software more accessible to a wider audience of gaming enthusiasts. The OnePlus 10R takes this concept to the next level by offering industry-leading technologies like 150W SUPERVOOC Endurance Edition at a competitive price point," said Navnit Nakra, India CEO and Head of India Region, OnePlus India. "Our fastest ever charging technology, combined with the MediaTek Dimensity 8100-MAX chipset, a high refresh rate display, and an advanced cooling system enable the OnePlus 10R to deliver truly exceptional performance."

The OnePlus 10R with 150W SUPERVOOC Endurance Edition can deliver a day's power after just 10 minutes of charging and its 4,500 mAh battery can be recharged from 1-100% in 17 minutes. 150W SUPERVOOC Endurance Edition is TÜV Rheinland certified for safe fast charging, meaning it has gone through rigorous testing to ensure the device delivers a charging experience that meets OnePlus' high standards.

Tata Steel dedicates bridge over river Suna to the community in Joda

Joda: With an objective to provide better commuting facility to the residents of Keth Huttin and nearby villages, Tata Steel dedicated a bridge over river Suna connecting Bichakundi with Keth Huttin on Saturday.

Smt. Minakshi Mahanta, Hon'ble MLA, Champua graced the occasion as Chief Guest along with Shri Atul Kumar Bhatnagar, General Manager (OMQ Division), Tata Steel, Shri Saroj Kumar Banerjee, Chief (Joda), Tata Steel and Shri Rajesh Kumar, Chief, Tata Steel.

Among others present on the occasion were Ms. Tulasi Bobanga, Sarpanch, Bhuiyan Roida, Ms. Bilasini Oram, Sarpanch, Loidapada, Mr. Narendra Munda, Sarpanch, Jalahari, Ms. Subhakanti Soy, Sarpanch, Jurudi, Ms. Priyanka Majhi, Sarpanch, Jajanga, Mr. Arun Munda, Sarpanch, Palsa, Ms. Laxmi Champia, Samiti

people residing in Bhuiyan Roida, Malda, Loidapada, Jalahari, Jurudih and Guali panchayats along with Joda Municipality will be benefitted by the bridge which also connects Keonjhar district with Sundargarh district.

TSF has undertaken various developmental initiatives towards socio-economic development of the people in the peripheral areas of operations around Joda, focusing on health, education, infrastructure development, livelihoods, skill upgradation and women empowerment among others. Infrastructure being a very crucial sector for the overall development of any society, the Company has undertaken many infrastructure development initiatives in the region including construction of community centres, deep bore wells, infrastructure for schools, etc.

The construction of the 91 feet long and 12 feet wide bridge allowing movement of light motor vehicles was completed in a record time of four months. To enhance the safety standard of the bridge technical interventions like RCC (Reinforced cement concrete) pillars, etc, have been used. Apart from this, to promote sustainability, Tata Steel Foundation (TSF), the CSR arm of the Company, has also installed two solar-powered streetlights near the bridge that will enable the villagers to safely commute at night. More than 10,000

Jio tops 4G download speed chart in April: TRAI Data

Bhubaneswar: Reliance Jio continues to lead in the average 4G download speed chart published by the Telecom Regulatory Authority of India (TRAI) for the month of April. Jio achieved 23.1 Mbps average 4G download speed in the month of April, witnessing an improvement from 21.1 Mbps in March this year.

As per the data published by TRAI on its MySpeed portal, Vodafone Idea, Airtel and BSNL network registered 17.7 Mbps, 14.1 Mbps and 5.9 Mbps average download speed respectively in the month

of April. While Airtel registered marginal improvement in average download speed from 13.7 Mbps in the month of March, performance of both Vodafone Idea and BSNL dipped in April. The download speed helps consumers in accessing content from the internet, while upload speed helps them in sending or sharing pictures or video to their contacts.

In the average upload speed chart, Vodafone Idea topped with average upload speed of 8.2 Mbps in April, followed by Jio with 7.6 Mbps, Airtel with 6.1 Mbps and BSNL with 5.0 Mbps average upload speed.

In Odisha, Jio also topped the average 4G download speed chart with 46.3 Mbps average download speed followed by Airtel with 15.1 Mbps and VI with 12.7 Mbps average download speed, as per data published on MySpeed portal of TRAI. In average upload speed VI achieved 9.1 Mbps average upload speed followed by 8.2 Mbps of Jio and 4.9 Mbps of Airtel.

It is worth mentioning here that the average speed is computed by TRAI based on data it collects with help of its MySpeed application on a real-time basis.

JSW Paints launches its innovative product that focuses on consumers' health & well-being at home

MUMBAI: JSW Paints, India's environment-friendly paints company and part of the US \$13 billion JSW Group, has launched its product campaign focusing on the Halo Aquaglo range. JSW Paints Aquaglo is India's first water-based paints for wood & metal surfaces with Germ Block Zn2+ion technology. Previously, Indian consumers were using solvent-based enamels, popularly known as "Oil Paint", for painting wood & metal surfaces. These contain chemicals and solvents that have a strong odour and have a high VOC (Volatile Organic Content). As a result, these paints are not recommended for kids and people with health

conditions as the solvents pollute the home with their unhealthy fumes post-application. Such paint products take a relatively long time to dry, creating inconvenience for the family at home and can be smelly for a week or two. On the other hand, JSW Paints Aquaglo is 100% water-based, has low odour, dries quickly and is completely family-friendly. Due to its quick-drying benefit, it enables the painting to be finished in a very short time as well. It also retains its shine for a longer period. The Aquaglo campaign brings the focus back on consumers' overall health and well-being through the Bollywood

star and JSW Paints brand ambassador, Alia Bhatt, as she urges consumers to #PaintKaGKBadhao. The campaign also includes well-known artist and stand-up comedian Atul Khatri and brings to life the mass hysteria related to any new idea. Alia's reaction to the strong smell of solvent-based paint being used on her newly painted door results in a social media tsunami and a cascade of jokes & banter with everyone joining in for a laugh, misconstruing Alia's point that the oil paint on the door causes pollution, as doors cause pollution. This highlights the low level of awareness among consumers about the

availability and benefits of water-based paints for wood and metal. Aquaglo is also the first paint for wood & metal in India with Germ Block, making it very safe for the family. The campaign is on air across leading TV channels across India and Disney+ Hotstar streaming platform. The campaign is conceptualized by TBWA\India. According to Anuradha Bose, Chief Marketing Officer of JSW Paints, "Following the successful disruption of our Any Colour One Price initiative, we are now delighted to launch our thoughtful product innovation, Aquaglo. It aims to change yet another convention in paints of using only 'oil paint' for wood & metal.

Our new campaign draws consumers' attention to the clear benefit of adopting a water-based Aquaglo range of paints for painting wooden doors, metal grills and other such surfaces in their homes. Paint Ka GK badhao is a clear call to action to make India sit up and choose wellness and comfort."

Speaking about the Aquaglo campaign's attempt to change Indian paint consumers' expectations, Govind Pandey, CEO, TBWA\India said, "Paint category has been dominated by the same market leaders for decades without any real challenger. JSW Paints is the disruptor that is questioning the status quo prevailing in the industry.

accelerator program will address two key tenets of the NEP 2020 – on the extensive use of technology in teaching, learning, education planning, and management; and in the creation of open, interoperable, evolvable, public digital infrastructure in the

education sector to support multiple platforms and point solutions. The accelerator program will guide academic institutions on multiple aspects of the NEP 2020. It will support academic institutions by conducting digital innovation workshops to focus on

identifying and prioritizing unique challenges of the academic institutions, and co-building solutions or proof-of-concepts (POCs) using technologies such as artificial intelligence (AI) and machine learning (ML). AWS will drive these workshops based on the Amazon Working

Backwards innovation methodology, which uses design thinking to identify and define a customer-focused problem or opportunity and develop prototypes. Through the accelerator program, AWS and Apeejay Education will support academic institutions with AWS credits, capacity building workshops, and access to dedicated resources, to build and implement the POCs. Apeejay Education will bring expertise on the use cases of digital solutions in the education sector, and support with testing the solutions to extend the reach to other institutions across India.

Apeejay Education and AWS announce new accelerator program

Bhubaneswar: Apeejay Education, an academic institution in India established for more than 50 years, and Amazon Web Services (AWS), an Amazon.com company, today announced the launch of the National Education Policy Accelerator Program (NEPAP), an initiative to

enable academic institutions in India to align with the technology requirements documented in the Government's National Education Policy 2020 (NEP 2020). This is the first program in India to support the technology transformation of education institutions as per the NEP 2020. The NEP 2020 aims to strengthen India's education sector that directly contributes to the country's growth and development, demonstrating the need to integrate technology in education to improve learning and teaching at all levels. The

CA reports loss despite hosting T20 World Cup

New Delhi: Cricket Australia, on Thursday, reported a loss of USD 16.9 million for the financial year 2022-23 despite earning USD 42.5 million from hosting the 2022 T20 World Cup.

Even as the matches set a new attendance record last year, which included 92,000 spectators for the match between India and Pakistan at the MCG, and a sold-out crowd of 53,866 for the BBL final between the Perth Scorchers and Brisbane Heat at Perth Stadium, the cricket board had expected a loss since it was a 'non-Ashes year'. The board also signed a USD 1.512 billion seven-year media rights deal with the Foxtel Group and the Seven West Media to broadcast cricket in Australia from 2024-31 and a new seven-year deal with Disney Star for the right to broadcast Australian cricket in

India. Apart from having the crowds return to the stadium after the COVID-19 pandemic, BBL was once again the most-watched sports league in Australia on a per-game linear TV basis, with an average of 532,000 viewers.

During this period, the Australia women's team won the 50-over World Cup as well as the Commonwealth gold medal. A five-year MoU (memorandum of understanding) was signed, which increased their share in the revenue from USD 80 million to USD 133 million.

The participation for Woolworths Cricket Blast increased by 24% from 56,464 to 69,879, with more than 25,000 girls between ages 5 and 12 registered to play cricket. Overall, the participation in



community cricket reached near-record pre-COVID rates, with the numbers increasing from 598,931 to 627,693. Cricket Australia stated in a release, "The upside

in the T20 World Cup performance has driven an increase in the player revenue share and a sharing of upside with the States and Territories, with funding at an all-

time high level increasing by \$7m to \$120m." They further added, "Total expenses excluding player payments increased by

5% reflecting full delivery of programs, higher travel costs post Covid, and investments in the Big Bash League and the new grassroots cricket system."

Speaking on the development, Mike Baird, Cricket Australia chair, said, "'This has been a year of high achievement for Australian Cricket with the completion of the media rights deal, the MOU and other significant initiatives putting the game on a strong footing, while our national teams again performed brilliantly on the global stage.'

"Cricket has reached an important moment with the continued emergence of franchise cricket creating both significant challenges and enormous opportunities as interest in our sport grows. As a global leader, we believe CA is well placed to play a strong role in shaping the future of cricket including fulfilling our commitment to the

primacy of Test cricket and maximising the benefits of our status as an Olympic sport to broaden the game's horizons."

Nick Hockley, Cricket Australia CEO, added, "The completion of media rights agreements with the Foxtel Group, Seven West Media and Disney Star gives Australian Cricket unparalleled coverage and reach, whilst the negotiating of a new player MOU which caters for changing dynamics in the global game also provides confidence and certainty across Australian Cricket. "During what was our highest attended summer on record, we hosted a successful T20 World Cup and made strategic investments in the Big Bash Leagues and kids participation that will benefit the game for years to come."

England, Australia women to play multi-format series in Mumbai



Mumbai: A m o l Muzumdar, appointed as the head coach of the Indian team on Wednesday (October 25), is set to undertake his first international assignment in his hometown. In fact, his first-five engagements, including two Tests, will be against England and Australia. The Indian women's team is scheduled to participate in a total of 11 international matches, which includes two Test matches, over the next

couple of months. All these matches will be hosted in Mumbai, with Wankhede Stadium and DY Patil Stadiums serving as the venues. Cricbuzz has learnt that the England and Australian women's teams will tour India consecutively, engaging in four and seven matches, respectively, and both series will be of multi-format nature. England's women's team will play three T20Is, followed by a Test,

while the Australian women's team will participate in a Test, three ODIs, and three T20Is in that order. These matches will span over a period of about two months, commencing in the last week of November and concluding in the second week of January. Prior to these international matches, an 'A' series between India A and England A women's teams will take place, also in Mumbai. According to tentative dates, the three

T20Is against England will be held on December 6, 9, and 10 at the DY Patil Stadium, followed by a Test from December 13 to 17 at the Wankhede Stadium.

The Australia team will be in Mumbai for a month in mid-December, commencing their campaign with a Test match from December 21. Following the Test, three ODIs are scheduled for December 28, 30, and January 2, with the T20Is set for January 5, 7, and 9. All Australia games will be played at the Wankhede.

Multiple sources associated with the Board of Control for Cricket in India (BCCI) have confirmed that all matches will be held in Mumbai. Security and logistical teams from the England and Wales Cricket Board (ECB) and Cricket Australia (CA) have visited the city to assess the facilities. While the ECB could not be confirmed, CA officials have confirmed the tour and venue.

adventurously but once the opening stand was broken, the floodgates opened for the Aussies who were relentless thereafter. Mitchell Starc, Josh Hazlewood and Pat Cummins were all too hot to handle for the Dutch batters who struggled to put bat to ball. The pacy hard length worked a treat for Australia and once Zampa came on, the end was hastened. It was a massive reality check for Netherlands who earlier had to

experience a massive onslaught from Australia's batters on another fine batting surface at the Arun Jaitley Stadium. A flamboyant century from Warner and his century stand with Smith had got Australia rolling after the early dismissal of Mitchell Marsh. The duo were proactive from the get-go with Smith being the initial aggressor. Netherlands' ploy of starting with spin backfired as Warner took the attack to Aryan Dutt early on and that set the tone for Australia's innings. A soft dismissal ended Smith's stay but Labuschagne and Warner motored along merrily as Australia eyed a massive score. Netherlands, though, fought back admirably for a while to trigger a mini-collapse and at 290/6, the Dutch would have had hopes of curbing the final assault. And then, Maxwell happened.

Making 'good decisions' driving South Africa's charge, feels Duminy

New Delhi: JP Duminy has been shot in this movie before. He was part of South Africa's men's World Cup squad in 2011, 2015 and 2019. All of those campaigns ended unhappily. Now he's the batting coach of a side who have won four of their five games in the 2023 edition of the tournament. What has changed?

"We've made some really good decisions," Duminy said at the Wankhede on Tuesday after South Africa had thrashed Bangladesh by 149 runs. "We've probably been guilty in the past of making decisions, when we've been under pressure, that have not

matched what is in front of us." Duminy has a tendency to sound more like a corporate chief executive than a coach. So, could he give an example of what he meant? "If the pitch is turning we're speaking largely around our options to score square [of the pitch]. If it's not turning it presents opportunities for straighter bat shots with the willingness to go over the top. "Conditions dictate but there are times when situations will make us gravitate towards certain options. Ultimately, if we're communicating out

there and encouraging each other to take the positive option, we're making good decisions." Did that make this campaign feel different from 2011, when South Africa lost by 49 runs chasing just 222 to beat New Zealand in their quarterfinal in Dhaka? Or 2015, when they were undermined by reckless board interference in selection on the eve of their semifinal against the Kiwis in Auckland, where they lost by four wickets off the penultimate ball? Or 2019 in England, where they had their eye taken off the ball by the breaking news of AB de Villiers' ham-handed

offer to come out of retirement and lost five of their eight completed games to crash out in the first round? Much would need to unfold in this tournament before a rigorous comparison could be made, but Duminy said

contrasts with what had gone before were becoming apparent: "When I played we tried to push ourselves to take on [the bowling] in the last 15 overs. But we have to recognise moments in the game when we could gain momentum - how do

we put the foot down? That's where we've gained confidence. "Having experienced it myself and understanding the anxiety and the nervous energy players experience, it's about letting them know that's part of the journey. It's not

about suppressing it. It's about embracing it and creating good behaviours. "We know we're going to be tested in different scenarios, and I believe we have the confidence and the momentum to make better choices."

The buck stops with Duminy for a batting line-up who registered three of the top five totals in the first half of the World Cup, and who made six of the 19 centuries. But they did that by taking guard first. The only time they fielded first, against the Netherlands in Dharamsala last Tuesday, they fell victim to a sensational upset by being dismissed for 207 in search of 246.

Duminy said that should not be taken as evidence that South Africa were effective only when they batted first: "We know people are going to ask questions about batting second, but I'm a strong believer that we're ready for that whenever the time comes." South Africa's key batter is Quinton de Kock, who has scored three centuries in five innings and was the tournament's leading runmaker up to Tuesday's match. De Kock doesn't give much away in press conferences and famously is happier holding a fishing rod than a bat. How did Duminy ensure De Kock was primed to deliver?

